

Please, Hashem, I rely on Your abundant mercy to listen to my little prayer that comes from the depths of my broken heart. Respond to my plea, as the Torah says, "It will be that before you call, I will answer." God full of mercy, have mercy on me and accept the request I will make of You, and the confession I will make before You. I will admit my bitter sins before You and be ashamed of them, in that I defied Your holy commandments and did not obey the orders You issued to me. Master of all worlds, before I begin to confess properly before You, I fall on my face and plead to You that Your mercy overcome Your anger. Give me an approach to confessing to You, and accept my confession in Your abundant mercy.

Act with me commensurate with Your great kindness and judge me in Your abundant mercy. I ask You, my fashioner and creator, to please accept my request for I have no interlocutor to mention my merits but Your holy Torah. I ask the my confession in its entirety be pleasing to You. Open the gates of repentance to me. Keep in mind for Your beloved children their acceptance of Your beloved Torah at Sinai, and open the gates of repentance for them, as well. Please accept my bitter tears as You accepted the tears that flowed from Your holy angels when Avraham our father bound his solitary beloved son. Then their tears fell upon the sword of the Angel of Death and stopped him from slaughtering our father Yitzchak. So may my tears stop the sword of the Angel of Death from putting an end to me, God forbid, or my husband, or any of my offspring, or any of our acquaintances. Likewise I ask of You that You have mercy on us, and be a spokesman on my behalf when You pass judgment over me. Please accept my prayer and forgive all my sins.

May Your abundant mercy be a shield for me for I am frightened of my many sins and I am unworthy. I don't know how to begin to ask forgiveness of You. Therefore, accept my prayer through the merit of our holy forefathers, as it says in Your holy Torah, "And I will do kindness, and I will remember the merit of the fathers for the sons, and the sons of the sons." God and the God of our fathers, comfort us and have mercy on us. Amen.

May You express Your kindness by comforting us from our great distress. May we see the fulfillment of the verse, "Make a sign for goodness for us. May those who hate us see, and be ashamed. For You, God, have helped us and comforted us." When You make the sign for goodness for us, those who hate us – the drive to do evil and the Accuser – should see and be ashamed, for You are God Who helps and comforts all who call out to You with a broken heart, as it says, "God does not belittle a broken and miserable heart." Amen.

We stand in judgment before You today, for we are all your slaves. Therefore I weep and cry out before Your Holy Name: Please, answer me with kindness and mercy, and sit by Yourself to pass judgment on me. Protect us and our offspring against cruel decrees, and find us worthy to raise our children in goodness. May all our descendants raise their descendants in goodness. For that is Your way – to have

How can I begin pleading and supplicating to Your Holy Name? I know that there is no one who can speak on my behalf other than the bitter tears of my eyes. As the Sages have said, "All gates have been locked other than the gates of tears." Therefore, merciful God, accept the tears that I pour out before You, and store them in Your flask. Cleanse my soul with them of my sins and transgressions. Move away from the Throne of Strict Judgment and sit on the Throne of Mercy. Amen.

May my prayer come close to You, my fashioner. Let no accuser intervene between my prayer and Your Throne of Glory. Therefore I beg of You: Put Your sword of judgment back in its sheath. Raise Your right hand of righteousness over us and over our tender children. Amen.

Bend Your ear to my prayer, God Who is good and benefits others. Save me from humiliation, theft, domination by another, and anything bad. May the verse written in the holy book of Tehillim, "You open Your hand and satisfy the want of every living thing" be fulfilled in me. May You alone open Your generous hand and sustain us, and may we not get our sustenance and livelihood from flesh and blood. Amen.

See the poverty and travail I suffer as the result of my sins and transgressions. Accept my supplication and save me. I realize that I am not worthy of opening my mouth and asking You for anything, for I have sinned great sins with my mouth. I have spoken vulgarly and said all sorts of forbidden things. But You, merciful God, may mercy on me and accept my plea as you accepted that of Hannah, mother of Samuel, and forgive all of my transgressions.

I call out to You with all my heart. Therefore, I make my request of You, merciful Father and righteous one. This is the trait by which You answer those who call out to You. Just as You have helped me up to now, I beseech you like a son who admits to his sin I'M NOT SURE ABOUT THAT before his father, that You answer us and have mercy on us like a father on his children. So may You have mercy upon us, Your people Israel. Amen.

Remove Your burning wrath from Me, Lord, my God and the God of my fathers, and accept my request of atonement for my sins that I make of You mercifully. May I not sin anymore but instead always fulfill Your commandment. I ask You, my King and my God, to make my heart strong to fulfill the commandment You commanded our mothers, and fortify me to give charity always, and to fulfill the commandment to light candles in its proper time. Make my feet walk in a straight path to the synagogue to give thanks to You.

What can I say? What can I ask for? I know well all the bad things I have done. Therefore I request of You that in the merit of my young children who engage in Your holy Torah, save us, that joy should rest always in our camp. May anguish and moaning never rest in our tent. Amen.

I thank You with all my heart, My God, for You are good to all. You are merciful to all, and You listen to the prayer of every mouth. You heed the prayers of the poor and atone for the sins that we sinned before You, for You are holy and awesome. But I request of Your good Name that You replace the trait of strict judgment with the trait of mercy, and sweeten our verdicts and make straight our judgments before You. Amen.

Do not admonish me in Your anger, or make me suffer in Your wrath. For You are called the Judge of Truth, and Your judgments are true. You act with kindness and truth and atone for our transgressions. And with this I am joyous and happy – that I regret my transgressions and will never do them again. For this I thank You with all my heart.

I have put the good things You have taught us to do far away from me and I have defied Your holy commandments. That which You prevented us from doing I have done. That which You commanded us to fulfill I have not fulfilled. I have permitted that which You have forbidden, and forbidden that which You have permitted. What You have made impure I have considered pure, and what You have made pure I have considered impure. But I have never intended to defy Your or anger You in all of these things. I just didn't have the strength to withstand the temptations of the urge to do evil. Therefore, forgive my sin. Amen.

Establish Your kindness for Your slave woman. I bend my knees and bow toward You, God of kindness, for how can I not be terrified, and how can I not be overcome by trembling and convulsion when I stand in judgment before the Heavenly court and must rationalize my sins? And You, Master of the Universe, do not act as human beings do. For a flesh and blood judge does not apply mercy to his judgment. But You, God, do wonders and show Your mercy at the time of judgment. Therefore, have mercy on me, and show me favor by granting me, my husband, and my children long life. Amen.

Roll Your wrath off of me. Shut the mouth of the incessant Accuser with the sound of the shofar, and atone for our sins through it. Just as we blast a bent shofar, so may we bend our heart to repent before You of our sins. May we be privileged to hear the sound of the shofar of Mashiach this year. Amen.

I have attached myself to abominable things and bad deeds. I have allowed my urge to do evil to tempt me. I did not allow myself to think that I would stand in judgment before You. I just followed my heart's desires. Master of the Universe, I would be unable to confess all of my bitter and grave sins in a single lifetime. What sins should I then confess? The ones I did intentionally or the ones I did through negligence or under duress? Master of the World, may it be Your will that just as I have washed myself with my tears, you clean and purify me of all my transgressions. Amen.

I direct my words to You, my Father in Heaven, to ask for Your kindness. I begin with awe and submission. Woe is to me! How could I not have had fear of my two witnesses, the two angels who accompany a person and testify to his bitter sins when he stands in judgment, and show him how he signed on his transgressions? Oy! How could I have not been afraid? How could I not have had mercy on my young children who could have been taken from me because of my transgressions? Therefore I ask that You have mercy on me in Your abundant kindness. Amen.

Were it not for Your kindness that stands on people's behalf, what support would I have during these days of awe, during which a reckoning is made of all that is created and all of man's deeds are read to him? Whom could I turn to to save me? I have nothing to lean on but Your abundant mercy, in that You created repentance from sin for people. Therefore I commit myself to repent of all my sins, and to serve you with a straight heart from now on.

Judge me in accordance with Your kindness, Lord, my God. Your nation cries out and begs of You. Therefore, please atone for its transgressions and accept its repentance. Awaken our forefathers who sleep in the Cave of Machpelah to support us. We have no good deeds with which to justify ourselves. Therefore we request of our Creator that He have mercy on us. Master of the World, bring us back to You and call us Your nation again. May Your kindness be preeminent among Your attributes in the merit of our holy ancestors. Amen.

I am in distress over my many awful sins. What kind of gift or bribe will make You view me favorably, my Creator, that You would forgive my sins? I have no way to placate you other than by repentance and confession. Therefore I will repent and confess before You. I have sinned before You. Therefore I weep, and cry out, "Atone for my sins!"

I have hoped for Your mercy and kindness. Do not treat us with strict judgment, for who then could last before You? May kindness and mercy come before You to sweeten our verdict. May Your eyes look to righteousness in Your mercy. Give us life, for You are our father, and we are Your young children. How can you stand to listen to us cry? Therefore have mercy on us and accept our request.

Be filled with mercy toward Your children, for You have called us children. Have mercy on us as a father has mercy on his children. And if all we are fit to be called is slaves before You, our eyes look to You until You show us favor and save us. Amen.

Abate the turbulence and anxiety of the day of judgment in Your mercy. How long will You forget us? Remember the love You had for us. Therefore, save us in our lifetimes for our troubles are many. Therefore have mercy on us. Amen.

May Your mercy stand on behalf of those who are marked on Your Throne of Glory. May the merit of Joseph who honored Your Holy Name stand on our behalf, so that we not come, Heaven forbid, to poverty and lowliness. Amen.

I am aware that I have turned away from Your good commandments and laws. But I hope to Your Holy Name that you will not be demanding with us in judgment. May You fulfill in me the verses, "He passes over the first," and "He is abundant in kindness," which is interpreted "he tilts the scales of judgment toward kindness." Amen.

At the time You sit in judgment, I ask, my God in Heaven, that You sit on the Throne of Mercy and judge me with the attribute of mercy. Do not judge me commensurate with my sins because I commit myself to correct that which I have done wrong and not to sin anymore.

Hear the sound of our plea and listen to the regret I feel over my crooked ways. Fulfill in me the words of the Sages, "Since become for him as merits." Amen.

In Your righteousness, get rid of the stains of my soul, which has been marred through my many sins. For if You judge us commensurate with our evil ways, isn't it true that our urges persuade us to do only evil all day? And if we are judged guilty, what good would our death or the death of our children, Heaven forbid, do? "The dead do not praise God." "In the grave, who gives thanks to You?" Our God in Heaven,

You live and last. Therefore have mercy on us. Fulfill in us the verse, "God is close to those who call to Him, to all who call to Him in truth." Please have mercy on the nation that declares You their king. For we are Your people, the flock you pasture. Therefore be quick to have mercy on us and to return Your Shechinah to Zion, Your city. May we experience the verse, "A redeemer shall come to Zion, to those among Jacob who have repented of their sins." Amen selah.